

Horas	Segunda	Terça	Quarta	Quinta	Sexta
08:00 - 08:30					
08:30 - 09:00					
09:00 - 09:30					
09:30 - 10:00					
10:00 - 10:30					
10:30 - 11:00					
11:00 - 11:30					
11:30 - 12:00					
12:00 - 12:30					
12:30 - 13:00					
13:00 - 13:30					
13:30 - 14:00					
14:00 - 14:30					
14:30 - 15:00					
15:00 - 15:30					
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16:00 - 16:30					
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17:00 - 17:30					
17:30 - 18:00					
18:00 - 18:30					
18:30 - 19:00					
19:00 - 19:30					
19:30 - 20:00					
20:00 - 20:30					
20:30 - 21:00					
21:00 - 21:30					
21:30 - 22:00					
22:00 - 22:30					
22:30 - 23:00					
23:00 - 23:30					
23:30 - 24:00					

Observações: