

Horas	Segunda	Terça	Quarta	Quinta	Sexta
08:00 - 08:30					
08:30 - 09:00					
09:00 - 09:30					
09:30 - 10:00					
10:00 - 10:30					
10:30 - 11:00					
11:00 - 11:30					
11:30 - 12:00					
12:00 - 12:30					
12:30 - 13:00					
13:00 - 13:30					
13:30 - 14:00					
14:00 - 14:30					
14:30 - 15:00					
15:00 - 15:30					
15:30 - 16:00					
16:00 - 16:30					
16:30 - 17:00					
17:00 - 17:30					
17:30 - 18:00					
18:00 - 18:30					
18:30 - 19:00					
19:00 - 19:30					
19:30 - 20:00					